

Improve Your Emotional Intelligence--Communicate Better, Achieve More, Be Happier: A Teach Yourself Guide (Teach Yourself: Relationships & Self-Help) By Christine Wilding

By Christine Wilding

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B cker av Christine Wilding. Change Your Life with Emotional Intelligence: Teach Yourself. Communicate Better, Achieve More, be Happier:

Using Emotional Intelligence to Improve Communication Learn to use emotional intelligence (EQ) to communicate more effectively and improve your interactions

Aug 28, 2007 "Emotional intelligence" can improve help managers and employees alike successfully communicate, resolve conflict and improve workplace

Christine Wilding is the author of Cognitive Behavioural Therapy (3.77 avg rating, 35 ratings, 3 reviews, published 2009), Teach Yourself Emotional Intel

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